

Life Enrichment Questionnaire

Resident's Name _____

Apt # _____

As a senior living community we provide for our residents a variety of Life Enrichment programs for their enjoyment including social, educational, physical, spiritual, recreational, and other types of programs. Below a variety of activities are listed please mark the activities which the resident enjoys currently or has enjoyed doing in the past. If there are things not listed please include them on the lines provided.

- | | |
|---------------------------------|-----------------------------------|
| ___ Baking/Cooking | ___ Being outdoors |
| ___ Gardening/Caring for plants | ___ Housework, dusting, vacuuming |
| ___ Acting | ___ Animals/Pets |
| ___ Yard work | ___ Writing cards and letters |
| ___ Wood work | ___ Playing cards _____ |
| ___ Leather craft | ___ Reading _____ |
| ___ Needle work/Quilting | ___ Sewing or mending |
| ___ Watching TV | ___ Travel/Sightseeing |
| ___ Singing | ___ Sports _____ |
| ___ Playing an instrument _____ | ___ Board games _____ |
| ___ Dancing | ___ Wine |
| ___ Music _____ | ___ History |
| ___ Puzzles _____ | ___ Bingo |
| ___ Ceramics | ___ Casino/Gambling/Poker |
| ___ Clipping coupons | ___ Eating out |
| ___ Swimming | ___ Picnics |
| ___ Exercising/Walking | ___ Hunting/Fishing |
| ___ Painting | ___ Shopping |
| ___ Movies _____ | ___ Volunteer work _____ |
| ___ Visiting with children | ___ Poetry |
| ___ Listening to music _____ | ___ Politics |
| ___ Computer/Ipad/Ereader | ___ Home Decorating |
| ___ Alone time | ___ Entertaining in your home |
| ___ Collecting _____ | ___ Golfing |
| ___ Social groups _____ | ___ Bible study/devotions |
| ___ Photography | ___ Bowling |

Other activities: _____

Comments: _____

Completed by _____ Date _____